



Lions Clubs International

Diabetes Fact Sheet



Lions Clubs International

2019-2021 EDITION

Constitutional Area 3 South America, Central America, Mexico & Islands of the Caribbean Sea



Number of active clubs in this region:

4,104

Average no. of adults with diabetes in each club's community

10,544

Constitutional Area overview	
Adult population 414.9 million	Adults with diabetes 43.3 million
Regional prevalence 10.43%	Undiagnosed diabetes cases 17.8 million
Diabetes-related deaths 329,565	Children with type 1 diabetes (0-19 years) 151,800

Highest adult (20-79 years) diabetes cases	
1 Brazil	16.8 million
2 Mexico	12.8 million
3 Colombia	2.8 million
4 Argentina	1.8 million
5 Venezuela	1.4 million

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 463 million** people have diabetes; by 2045 this number will reach 700 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (232 million), and at a higher risk of developing complications
- ▶ **374 million** people are at risk of developing type 2 diabetes
- ▶ **Over 1.1 million** children are living with type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2019
- ▶ **87%** of diabetes-related deaths occur in low- and middle-income countries
- ▶ **35%** of diabetes-related health expenditure is spent in low- and middle-income countries
- ▶ **1 in 6** live births (20 million) are affected by diabetes during pregnancy
- ▶ **760 billion** is spent diabetes-related health expenditure

IN PARTNERSHIP WITH



International Diabetes Federation

NEED MORE INFORMATION?

For more ways to serve for this global cause, please visit lionsclubs.org/diabetes

Data source: International Diabetes Federation (IDF) Diabetes Atlas 9th Edition 2019. Visit diabetesatlas.org for more information. Lions Clubs International expresses its gratitude to IDF for its leadership in the global diabetes community.

*Lions regions are estimated using data from the IDF Diabetes Atlas 9th Edition 2019

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Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Argentina	29,223,100	1,837,400	6.29	597,200	8,600	15,468	260	7,067
IDF Member: Asociación Civil de Diabetes Argentina City: Cordoba Phone: (+54) 3514800173								
Belize	229,300	34,100	14.87	14,000	100	322	4	8,525
IDF Member: Belize Diabetes Association City: Belize City Phone: (+501) 6629239								
Bolivia	6,568,900	411,400	6.26	114,300	800	4,418	89	4,622
IDF Member: Sociedad Boliviana de Endocrinología City: Santa Cruz Phone: (+591) 33425531								
Brazil	147,183,200	16,780,800	11.40	7,719,200	95,800	135,197	1,500	11,187
IDF Member: Associação de Diabetes Juvenil City: São Paulo Phone: (+55) 1136753266								
Chile	12,922,800	1,262,200	9.77	271,500	6,100	7,744	170	7,425
IDF Member: Asociación de Diabéticos de Chile City: Santiago de Chile Phone: (+56) 226780500								
Colombia	33,747,300	2,836,500	8.41	1,111,900	1,800	18,453	208	13,637
IDF Member: Asociación Colombiana de Diabetes City: Bogotá Phone: (+57) 12880777								
Costa Rica	3,465,800	353,000	10.19	138,400	200	1,854	71	4,972
IDF Member: Asociación Costarricense Lucha contra la Diabetes City: Curridabat Phone: (+506) 22347140								
Dominican Republic	6,656,000	578,800	8.70	226,900	200	6,860	152	3,808
IDF Member: Instituto Nacional de Diabetes, Endocrinología y Nutrición City: Santo Domingo Phone: (+809) 3850451								
Ecuador	10,557,700	579,100	5.49	227,000	700	3,955	112	5,171
IDF Member: Federación Ecuatoriana de Diabetes City: Quito Phone: (+593) 2438959								
El Salvador*	3,988,200	346,200	8.68	135,700	1,300	2,928	28	12,364
IDF Member: Asociación Salvadoreña de Diabéticos City: San Salvador Phone: (+503) 22450205								
Guatemala	9,504,800	782,200	8.23	306,600	4,300	7,398	46	17,004
IDF Member: Patronato de Pacientes Diabéticos de Guatemala City: Guatemala City Phone: (+502) 23261616								
Haiti	6,396,200	365,600	5.72	192,600	100	5,648	4	91,400
IDF Member: Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires City: Port-au-Prince Phone: (+509) 2456335								
Honduras	5,551,700	339,200	6.11	133,000	2,200	1,911	54	6,281
IDF Member: Asociación Nacional de Diabéticos de Honduras City: Tegucigalpa Phone: (+504) 22214883								
Mexico	84,296,800	12,805,200	15.19	4,949,000	26,600	89,012	505	25,357
IDF Member: Federación Mexicana de Diabetes City: Mexico City Phone: (+52) 5555114200								
Nicaragua	3,891,700	395,800	10.17	155,200	1,400	2,769	22	17,991
IDF Member: Asociación de Padres de Niños y Jóvenes Diabéticos de Nicaragua City: Managua Phone: (+505) 22897409								
Panama	2,655,300	206,100	7.76	67,000	200	1,201	69	2,987
IDF Member: Asociación Panameña de Diabéticos City: N/A Phone: N/A								
Paraguay*	4,221,400	372,700	8.83	146,100	200	3,134	112	3,328
IDF Member: Fundación Paraguaya de Diabetes City: N/A Phone: N/A								
Peru	20,788,900	1,385,000	6.66	542,900	500	9,161	312	4,439
IDF Member: Asociación de Diabetes del Peru City: Lima Phone: (+551) 975555912								
Uruguay	2,356,000	196,000	8.32	63,700	600	1,483	121	1,620
IDF Member: Asociación de Diabéticos del Uruguay City: Montevideo Phone: (+598) 29016214								
Venezuela	20,660,200	1,403,600	6.79	727,100	100	10,649	265	5,297
IDF Member: Federación Nacional de Asociaciones y Unidades de Diabetes City: Caracas Phone: (+58) 2127313039								
Total	414,865,300	43,270,900	10.43%	17,839,300	151,800	329,565	4,104	10,544

*Countries without in-country data sources. Estimates are extrapolated from similar countries based on their ethnicity, language, World Bank income classification and geographical proximity. IDF country-specific data was used to calculate LCI Constitutional Area statistics due to differences in regions. This data represents countries with active Lions Clubs.