



Lions Clubs International

Diabetes Fact Sheet



Lions Clubs International

2019-2021 EDITION

Constitutional Area 4 Europe



Number of active clubs in this region:

9,344

Average no. of adults with diabetes in each club's community

6,059

Constitutional Area overview	
Adult population 617.2 million	Adults with diabetes 56.6 million
Regional prevalence 9.17%	Undiagnosed diabetes cases 22.8 million
Diabetes-related deaths 435,686	Children with type 1 diabetes (0-19 years) 288,700

Highest adult (20-79 years) diabetes cases	
1 Germany	9.5 million
2 Russia	8.3 million
3 Turkey	6.6 million
4 Italy	3.7 million
5 Spain	3.6 million

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 463 million** people have diabetes; by 2045 this number will reach 700 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (232 million), and at a higher risk of developing complications
- ▶ **374 million** people are at risk of developing type 2 diabetes
- ▶ **Over 1.1 million** children are living with type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2019
- ▶ **87%** of diabetes-related deaths occur in low- and middle-income countries
- ▶ **35%** of diabetes-related health expenditure is spent in low- and middle-income countries
- ▶ **1 in 6** live births (20 million) are affected by diabetes during pregnancy
- ▶ **760 billion** is spent diabetes-related health expenditure

IN PARTNERSHIP WITH



International Diabetes Federation

NEED MORE INFORMATION?

For more ways to serve for this global cause, please visit lionsclubs.org/diabetes

Data source: International Diabetes Federation (IDF) Diabetes Atlas 9th Edition 2019. Visit diabetesatlas.org for more information. Lions Clubs International expresses its gratitude to IDF for its leadership in the global diabetes community.

*Lions regions are estimated using data from the IDF Diabetes Atlas 9th Edition 2019

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Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community	Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Albania*	2,148,000	237,600	11.06	102,200	500	2,448	4	59,400	Kyrgyzstan*	3,686,800	197,800	5.37	85,000	400	2,263	1	197,800
IDF Member: Shoqata E Diabetit Ne Shqiperi City: Tirana Phone: (+355) 44804342									IDF Member: Diabetes and Endocrinological Association of Kyrgyzstan City: Bishkek Phone: (+996) 312662684								
Andorra*	57,400	6,900	12.02	2,500	-	32	1	6,900	Latvia	1,416,500	104,300	7.36	37,800	300	1,065	7	14,900
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.									IDF Member: Latvian Diabetes Association City: Riga Phone: (+371) 629238563								
Armenia*	2,077,100	141,200	6.80	60,700	500	1,815	6	23,533	Liechtenstein*	28,100	3,400	12.10	1,200	-	13	2	1,700
IDF Member: Armenian Association of Diabetes City: Yerevan Phone: (+37) 410232410									IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Austria	6,622,000	641,500	9.69	232,900	3,000	3,031	260	2,467	Lithuania	2,125,600	114,300	5.38	41,500	1,000	1,340	34	3,362
IDF Member: Österreichische Diabetes Gesellschaft City: Vienna Phone: (+43) 6507703378									IDF Member: Lithuanian Diabetes Association City: Vilnius Phone: (+370) 52620783								
Belarus*	6,989,100	463,300	6.63	199,200	1,000	6,810	4	115,825	Luxembourg	439,700	28,600	6.50	10,400	200	128	24	1,192
IDF Member: Belarussian Humanitarian Organisation City: Minsk Phone: (+375) 172456797									IDF Member: Association Luxembourgeoise du Diabète City: Luxembourg Phone: (+352) 485361								
Belgium	8,275,800	561,200	6.78	203,800	4,300	3,014	282	1,990	North Macedonia, Republic of	1,566,600	175,100	11.18	75,300	300	1,962	45	3,891
IDF Member: Association Belge du Diabète City: Bruxelles Phone: (+32) 2 3743195									IDF Member: Macedonian Diabetes Association City: Skopje Phone: (+389) 23147253								
Bosnia and Herzegovina*	2,659,700	311,400	11.71	133,900	500	3,420	5	62,280	Malta	330,900	40,500	12.24	19,200	200	185	4	10,125
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.									IDF Member: Maltese Diabetes Association City: Valletta Phone: (+356) 21221518								
Bulgaria	5,339,000	442,500	8.29	143,700	1,100	6,287	38	11,645	Moldova	3,099,000	193,800	6.25	83,300	600	2,474	3	64,600
IDF Member: Bulgarian Diabetes Association City: Sofia Phone: (+359) 29310779									IDF Member: Prodiab City: Chisinau Phone: (+373) 22471007								
Channel Islands*	126,400	6,600	5.22	2,400	100	-	2	3,300	Monaco*	28,600	2,400	8.39	900	-	12	1	2,400
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.									IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Croatia	3,089,600	211,100	6.83	88,700	1,300	1,559	58	3,640	Montenegro*	454,900	52,400	11.52	22,500	300	597	2	26,200
IDF Member: Croatian Association for Diabetes and Metabolic Disorders City: Zagreb Phone: (+385) 915156576									IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Cyprus	884,800	91,800	10.38	33,600	400	380	41	2,239	Netherlands	12,540,100	1,019,100	8.13	370,000	7,300	4,935	436	2,337
IDF Member: Cyprus Diabetic Association City: Nicosia Phone: (+357) 22669540									IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Czech Republic	8,061,100	818,600	10.15	297,200	4,100	5,715	25	32,744	Norway	3,895,000	292,400	7.51	106,200	3,800	1,211	400	731
IDF Member: Ceska Diabetologicka Spolecnost City: Prague Phone: (+420) 222513053									IDF Member: Norges Diabetesforbund City: Oslo Phone: (+47) 23051800								
Denmark	4,220,300	372,000	8.81	244,000	3,100	2,044	272	1,368	Poland	28,891,100	2,344,600	8.12	990,600	12,600	18,536	52	45,088
IDF Member: Diabetesforeningen City: N/A Phone: N/A									IDF Member: Polskie Stowarzyszenie Diabetyków City: Warsaw Phone: (+48) 226684719								
Estonia	948,700	58,700	6.19	21,300	500	566	58	1,012	Portugal	7,701,100	1,090,100	14.16	475,200	2,500	5,797	98	11,123
IDF Member: Estonian Diabetes Association City: Tallinn Phone: (+372) 5119001									IDF Member: Associação Protectora dos Diabéticos de Portugal City: N/A Phone: (+351) 213816107								
Faroe Islands	35,700	2,400	6.72	700	-	-	7	343	Romania	14,545,800	1,278,300	8.79	264,600	2,800	15,920	70	18,261
IDF Member: Diabetesfelag Froya City: Torshavn Phone: (+298) 225012									IDF Member: Federatia Romana de Diabet Nutritie Si Boli Metabolice City: Cluj Napoca Phone: (+40) 264599578								
Finland	4,044,400	373,900	9.24	226,700	7,200	2,026	872	429	Russia	105,621,900	8,288,500	7.85	4,450,900	35,700	110,530	18	460,472
IDF Member: Finnish Diabetes Association City: Tampere Phone: (+358) 32860111									IDF Member: Russian Diabetes Federation City: Moscow Phone: (+7) 4991243500								
France	45,762,800	3,480,000	7.60	1,307,700	27,300	18,656	1,194	2,915	San Marino*	25,100	2,400	9.56	900	-	10	1	2,400
IDF Member: Fédération Française des Diabétiques City: Paris Phone: (+33) 140092425									IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Georgia	2,778,600	198,000	7.13	85,200	400	2,883	14	14,143	Serbia*	6,452,300	773,700	11.99	332,700	2,600	9,160	5	154,740
IDF Member: Diabetic Children's Protection Association City: Tbilisi Phone: (+995) 322189800									IDF Member: Diabetes Association of Serbia City: Stara Pazova Phone: (+381) 22316079								
Germany	62,133,200	9,510,500	15.31	4,528,900	33,100	50,096	1,575	6,038	Slovak Republic	4,162,600	377,500	9.07	91,700	1,400	3,459	23	16,413
IDF Member: DiabetesDE City: Berlin Phone: (+49) 3020167710									IDF Member: Diador; Slovenska Diabetologicka Spolocnost City: Bratislava Phone: (+421) 244259901								
Greece	8,271,100	613,900	7.42	222,900	3,100	3,232	64	9,592	Slovenia	1,560,600	122,500	7.85	44,500	600	691	59	2,076
IDF Member: Hellenic Diabetes Association City: Athens Phone: (+30) 2107210935									IDF Member: Zveza Drustev Diabetikov Slovenije City: Ljubljana Phone: (+386) 14305444								
Greenland	40,400	1,300	3.22	500	-	-	5	260	Spain	34,538,600	3,619,100	10.48	1,009,700	15,500	15,394	70	51,701
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.									IDF Member: Sociedad Española de Diabetes City: Madrid Phone: (+34) 914013342								
Hungary	7,366,800	684,500	9.29	114,100	3,500	8,338	43	15,919	Sweden	7,217,300	521,200	7.22	189,200	8,600	2,237	396	1,316
IDF Member: Magyar Diabetes Tarsasag City: Budapest Phone: N/A									IDF Member: Svenska Diabetesförbundet City: Sundbyberg Phone: (+46) 856482100								
Iceland*	238,400	18,200	7.63	6,600	100	69	84	217	Switzerland	6,440,900	496,900	7.71	180,400	2,100	1,791	267	1,861
IDF Member: Samtök Sykursjúkra City: Reykjavik Phone: (+354) 5625605									IDF Member: Schweizerische Diabetes-Gesellschaft City: Baden Phone: (+41) 562001790								
Ireland	3,350,000	148,200	4.42	46,200	3,300	706	91	1,629	Turkey	54,732,200	6,592,400	12.04	2,522,600	26,000	43,503	287	22,970
IDF Member: Diabetes Federation of Ireland City: N/A Phone: N/A									IDF Member: Turkish Diabetes Association City: Istanbul Phone: (+90) 2163025316								
Israel	5,285,000	644,300	12.19	233,900	4,000	2,627	26	24,781	Ukraine*	32,958,300	2,492,400	7.56	1,071,700	6,400	37,112	24	103,850
IDF Member: Israel Diabetes Association City: Rishon Le-Zion Phone: (+972) 39508222									IDF Member: International Diabetes Association of Ukraine City: Kiev Phone: (+380) 442352685								
Italy	44,048,200	3,669,400	8.33	1,332,200	16,000	15,656	1,351	2,716	United Kingdom	47,867,100	2,680,500	5.60	495,900	39,100	13,951	633	4,235
IDF Member: Associazione Italiana per la Difesa degli Interessi dei Diabetici City: Rome Phone: (+39) 668803784									IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Total										617,180,300	56,613,200	9.17 %	22,845,600	288,700	435,686	9,344	6,059

*Countries without in-country data sources. Estimates are extrapolated from similar countries based on their ethnicity, language, World Bank income classification and geographical proximity. IDF country-specific data was used to calculate LCI Constitutional Area statistics due to differences in regions. This data represents countries with active Lions Clubs.

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